



TOOSE

25 Years!
1996-2021

November 2021

*Give
thanks*

“The thankful heart opens our eyes to a multitude of blessings that continually surround us.”

- James E. Faust

The contents of this newsletter is
SUBJECT TO CHANGE without notification

Please be patient as we
bring activities and events
back to the center



From the Executive Director

As we approach fall with a chill in the air, the magnificent colors and short days, it makes us think of the holidays before us. Who can forget the day when the house was full of the smell of turkey and apple pie. It was Thanksgiving and Mom was in the kitchen preparing a feast for all the relatives who will soon be at the front door. It was a very special day filled with stories, food and football. It was a time to be thankful for all we had.

Winter was soon to follow with cold temperatures, snow and a trip to the park where you would slide down the hill at a speed of 100 miles an hour. Our cheeks were rosy and we warmed ourselves in front of a fire with hot cocoa. Many a nights as children would set in our room going through the Sears toy catalogue picking out the toys we wanted so badly. It was a magical time of making cookies, school plays, singing carols, and going to the parade to see and wave at Santa Clause. This would be followed by a trip to Sears to sit on Santa's lap and enlighten him to the items we had picked out. It was a time of family, friends, the Christmas Story and being together to share your love of the season. Oh what a "Special Time."

Time has gifted us with many treasured memories of these special seasons. We will always have those special times we shared with those we loved. Even though we may have lost touch, had those close to us pass away or had them move away, we still can feel them in our heart. We will never forget the smells of mom's kitchen. The times we shared with family and loved ones. The excitement of being a kid and all that Christmas meant to us. Those special times of going to church for the midnight candle lighting, and the best part, Dad reading "The Night Before Christmas" in front of the fireplace just before we went to bed.

We now have passed these traditions on to our family to give the holiday gifts to there family. It is a time honored tradition that we hope will be passed down forever. We will continue to witness the Holiday Spirit because it remains in out heart and through those we love. The Holiday Spirit is timeless and lives in all of us no matter our age.

The thankful heart opens our eyes to a multitude of blessings that continually surround us." James E. Faust

All is well
Carl Gabrielson
Executive Director
Loose Senior Center

Activities

MOVIE DAY

November 3rd!

1pm



Affable hillbillies Tucker and Dale are on vacation at their dilapidated mountain cabin when they are mistaken for murderers by a group of preppy college students.

Slice of Pizza/Popcorn/
Water provided

Welcome Back Inside Christmas Luncheon

December 9th at 11:30am in the Big Hall

\$15/person

The Loose Chorus and The Linden High School Choir will be performing

“ANYONE CAN PAINT” Class Minimum: 6
2nd Thursday of each month, 1-3 pm, \$25
 Award-winning artist Steve Wood combines painting tips and techniques with humor and encouragement, providing a relaxing, enjoyable experience for beginning to intermediate painters. By the end of class, participants will have completed an 11”X14” acrylic painting. Please call and register.



PODIATRIST

Tuesday, November 2nd (by appointment)
 Dr. Koehler from Holly Foot & Ankle Specialists will be accepting appointments at Loose. Services will include toenail trimming, corn and callous removal, diabetic foot care and more. Billing will be made to Medicare, *copays or deductibles may apply*. Please bring a list of all your medications and your insurance cards. Call Loose to set up your appointment.

HAPPY STAMPERS

3rd Tuesday of each month, 1 pm, FREE
 If you like to use rubber stamps to make greeting cards, this group is for you. We can always use new ideas, so come, bring your supplies and ideas. Spend time with those who share your interest and be inspired. You will work on your own projects and “show and tell” to motivate and encourage others.



IT'S TIME TO REVIEW YOUR MEDICARE PLAN!

MMA Counselors Are There For You--For Free!

Extra appointment dates are set to accommodate YOU!

October 15th—December 7th

Wednesdays (starting in Nov), Thursdays and Fridays

Call Loose at (810) 735-9406 and make an appointment today!



“Loose programs and/or services are fully or partially funded by Genesee County Senior Millage funds and Southern Lakes Parks and Recreation Millage Funds. YOUR TAX DOLLARS ARE AT WORK.”



Do You Need A Ride To Loose???

Call Fenton MTA at least 24 hours in advance to schedule your ride.

Please call (810) 780-8965.



REMINDER, Loose is NON SMOKING, both facility and grounds. Smoking in vehicles is acceptable.

Current Loose Activities

ARTHRITIS FOUNDATION EXERCISE (Tuesday 9:30am)

Low impact physical activity program proven to reduce pain and decrease stiffness. Includes gentle range-of-motion exercises for every fitness level.

YOGA Fee \$5

Gentle Flow Yoga (Monday 2pm, Wednesday and Friday 9:30am) Strengthen your mind and body through yoga, helping with your balance while strengthening your back, abdominals and legs.

CHAIR YOGA (Tuesday 2pm and Thursday 10:00am)

Discover the health benefits of yoga while honoring your strengths and limitations. Strengthen your balance and increase your range of motion with the assistance of a chair, a wall or a block to learn a pose or to get deeper into one.

FIT4EVER (Thursday 11am Fee \$5)

A fitness program of gentle exercise and movement that improves strength and balance while increasing energy and stamina. Men and women are invited to attend.

LINE DANCING (Thursday, 12:30pm) Fee \$5

Exercise your body & mind by dancing to lively, upbeat music. Line Dancing is a fun way to dance socially without a dance partner. Many dancing styles are covered and fun is had by all.

TAI CHI *modified Yang form* (Currently on Hold)

The Benefits of Tai Chi include but are not limited to:

Reducing anxiety and depression, Improving quality of sleep, Improving balance and hand/eye coordination, Increasing both upper and lower body strength, increasing energy while calming the mind, Improving mental clarity and brain focus, lowering blood pressure, helps with pain management, Increasing flexibility...

ZUMBA GOLD (Friday 11am Fee \$5)

A 45 minute class beginning with 30 minutes of low impact dance/exercise cardio, balance, stretching, toning and brain/movement connection. Gold is a slower paced class that is a fun way for beginners to get moving and active adults to keep moving!

LITERARY STUDIES - Book Club (Second Monday 12-1pm)

This well-read and energetic group meets once per month to explore and discuss a variety of literature. New folks, visitors and guests are always welcome. Come and join us!

"ANYONE CAN PAINT" (2nd Thursday 1-3pm) Fee \$25

Class Minimum: 6

Award-winning artist Steve Wood combines painting tips and techniques with humor and encouragement, providing a relaxing, enjoyable experience for beginning to intermediate painters. By the end of class, participants will have completed an 11"X14" acrylic painting. Please call and register.

PAINTING (Monday 9:30am)

The Loose Center is the perfect place for painters of all levels to meet and work on their projects. We have a wonderful volunteer instructor available to help. The group which meets regularly, is very excited to share, so pack up your project and bring it to the Center!

Must bring and use own materials, there will be no sharing.

WOOD CARVERS (Wednesdays, 12-1:30pm)

Loose wood carvers have an immeasurable amount of knowledge for their craft/hobby and they LOVE to share their knowledge and passion.

KNITTING/CROCHETING (Fridays, 1:00-3:00pm)

Our knitting and crocheting group meets every Friday to knit or crochet needed items to donate to local charities. Please bring your own supplies, as there will be no sharing of items.

ADDITIONAL SERVICES

MEDICARE/MEDICAID/FOOD STAMP ASSISTANCE (MMAP)

Our MMAP Counselors, Ann Walker & Dolores Coulter will be available to meet Medicare beneficiaries by appointment only, by phone. The Michigan Medicare/Medicaid Assistance Program is a free service that can help you make health insurance decisions. MMAP's mission is to educate, counsel and empower Medicare beneficiaries and their service providers so they are able to make informed health choices. If you need assistance, call the Center at 735.9406 to schedule an appointment.

GENESEE COUNTY DEPARTMENT OF VETERANS SERVICES

We welcome John Stilley and his many years of working for veterans and who is now available to assist local veterans and their families in obtaining veteran benefits from Federal, State and County agencies. Make sure to call Loose for an appointment.

ASK THE LAWYER (3rd Wed. of the month, 9:30 am-11:30 am)

Attorney Stacey N. Brancheau will be at the Loose Center to offer free consultations on estate planning. This service is available by appointment only. To schedule an appointment, call the Loose Center at 735.9406.

CONSUMER FRAUD ASSISTANCE

This service is no longer available in one on one form, here at Loose. If you feel as if you have been or are being scammed, please feel free to call Loose and we can get you in touch with the folks who can help or call the Genesee County Sherriff at 810.341.5923.

LOAN CLOSET

If you have need for some medical equipment, please contact Loose at 735.9406. Equipment is loaned without conditions. If you have equipment to donate in good condition, feel free to drop it off during business hours behind the building at the barn on the west end of the building.

COMMODITIES SUPPLEMENTAL FOOD PROGRAM

2nd Monday of each month, 9-10 am

Loose Center is a distribution site for emergency food assistance program.

Loose Activities



Tues, November 9th, 9:30-10:30
Coffee, **COPS** & Conversation will be a monthly opportunity at Loose. Come enjoy a cup of BREW while chatting with those in BLUE! We are excited to welcome our Linden City Police

Officers who will join us for an opportunity to discuss issues important to this community and to encourage a continued growing of relationship between our membership. Coffee is FREE, Conversation is FREE and the building of relationships is PRICELESS. Join us!



Card Play 1pm-3pm

Mondays

Euchre and Mahjong

Wednesdays

Pinochle and Bridge

Thursdays

**Open Card Play 9-11
(3rd Thursday NO cards)**



MASSAGE

By appointment each Tuesday!

Massage increases circulation, reduces inflammation and renews your mind, body and spirit. Enjoy a chair massage for as low as \$15. Call Loose at 735.9406 for details or to schedule your appointment with Donna Roberts, CMT.

WRITE YOUR LIFE STORY
This is my story...

2nd and 4th Friday's—9:30-11:00

Our stories are the unique tapestry of our lives. Our stories tell who we are, what we believe and how we live.

WRITING THOSE STORIES WILL LEAVE A TREASURED LEGACY FOR OUR FAMILIES.

This group meets twice a month to share written stories, often inspired by a "writing challenge", such as *An Unforgettable Experience, My Proudest Moment, My First Job* and many, many more. There is no critiquing, just pure enjoyment in hearing the interesting stories.

ALZHEIMER SUPPORT GROUP

Every 4th Tuesday, 1 pm

The Loose Senior Center is home to an Alzheimer's Support Group. Support Groups are the heart of the Alzheimer's Association and are attended by families, caregivers and friends of persons with Alzheimer's disease, as well as other related dementia disorders. The group welcomes new people at all times and is facilitated by John Strayer of Tanglewood Assisted Living.

ONE-ON-ONE FINANCIAL HELP

Last Wednesday of the month, 10:00 am

Financial Advisor Chad Robinson is available for free financial consultations at Loose Center the 4th Wednesday of each month. This service is available by appointment only.

To schedule an appointment, call Loose Center at 735.9406.

LOOSE FITNESS CLASS PUNCH CARD is available as an economic alternative to paying for most Loose Fitness classes. The drop in fee for classes is \$5 OR participants can purchase a 10 punch card for \$50 with 11th class free (\$4.50/class). Cards can be purchased at the Reception Desk, drop in fees are collected in class. A deal and also a GREAT GIFT!



GRIEF SUPPORT GROUP

2nd & 4th Wednesday @ 2pm

We are thankful to Heartland Hospice who has reached out to us and offered to facilitate the Grief Support Group. The group will focus on learning to cope with the loss of a loved one. It will provide education, support and techniques to cope and grow through loss.

BLOOD PRESSURE CHECK

2nd Wednesday of each month, 10:30 - 11:30



November 2021

OFFICE HOURS

Monday - Friday
9:00 am- 4 pm

EMAIL

lsc@loosecenter.org

WEBSITE

www.loosecenter.org

PHONE

810.735.9406

FAX

810.735.4255

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY/SUNDAY

<p>9:00 Chorus</p> <p>9:30 Painting</p> <p>11:30 Lunch</p> <p>1:00 Card Play (Euchre & Mahjong)</p> <p>2:00 Yoga</p>	<p>Podiatrist</p> <p>MMAP Counselor</p> <p>9:00 Massage</p> <p>9:30 Arthritis Exercise</p> <p>11:00 Wii Bowling</p> <p>11:30 Lunch</p> <p>2:00 Chair Yoga</p>	<p>MMAP Counselor</p> <p>9:30 Yoga</p> <p>11:30 Lunch</p> <p>12:00 NO Woodcarving</p> <p>1:00 Movie Day</p> <p>1:00 Card Play (Pinochle & Bridge)</p>	<p>MMAP Counselor</p> <p>9:00 Open Card Play</p> <p>10:00 Chair Yoga</p> <p>11:00 FIT4EVER</p> <p>11:30 Lunch</p> <p>12:30 Line Dancing</p>	<p>MMAP Counselor</p> <p>9:30 Yoga</p> <p>11:00 Zumba</p> <p>11:30 Lunch</p> <p>12:30 Knitting / Crocheting & Quilting</p> <p>12:30 Pickleball</p>	6/7
<p>9:00 CSFP</p> <p>9:00 Chorus</p> <p>9:30 Painting</p> <p>11:30 Lunch</p> <p>12:00 Literary Studies (Book Club)</p> <p>1:00 Card Play (Euchre & Mahjong)</p> <p>2:00 Yoga</p>	<p>Podiatrist</p> <p>8:00 Board Meeting</p> <p>9:00 Massage</p> <p>9:30 Cops & Coffee</p> <p>9:00 Veteran Services</p> <p>9:30 Arthritis Exercise</p> <p>11:00 Wii Bowling</p> <p>11:30 Lunch</p> <p>2:00 Chair Yoga</p>	<p>MMAP Counselor</p> <p>9:30 Yoga</p> <p>10:30 Blood Pressure Checks</p> <p>11:30 Lunch</p> <p>12:00 Woodcarving</p> <p>1:00 Card Play (Pinochle & Bridge)</p> <p>2:00 Grief Support</p>	<p>Center Closed</p>	<p>MMAP Counselor</p> <p>9:30 Yoga</p> <p>9:30 Write your Life Story</p> <p>11:00 Zumba</p> <p>11:30 Lunch</p> <p>12:30 Knitting / Crocheting & Quilting</p> <p>12:30 Pickleball</p>	12
					11
					13/14

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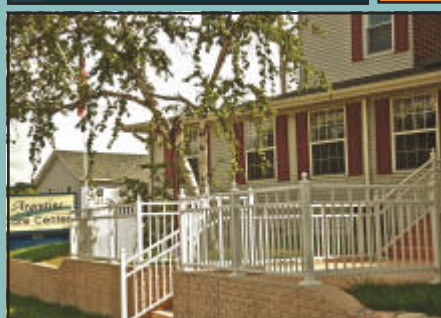
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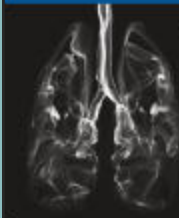
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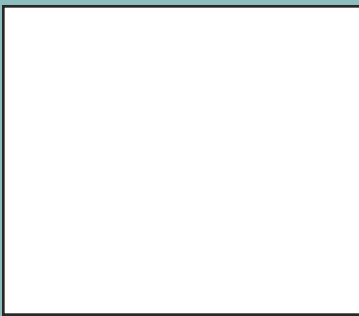


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<p>15</p> <p>9:00 Chorus 9:30 Painting 11:30 Lunch 1:00 Card Play (Euchre & Mahjong) 2:00 Yoga</p>	<p>16</p> <p>9:00 Massage 9:30 Arthritis Exercise 11:00 Wii Bowling 11:30 Lunch 1:00 Happy Stampers 2:00 Chair Yoga</p>	<p>17</p> <p>MMAP Counselor 9:30 Yoga 10:00 Ask a Lawyer 11:30 Lunch 12:00 Wood Carving 1:00 Card Play (Pinochle/Bridge)</p>	<p>18</p> <p>MMAP Counselor 9:30 NO Open Card Play 10:00 Chair Yoga 11:00 FIT4EVER 11:30 Lunch 12:30 Line Dancing</p>	<p>19</p> <p>MMAP Counselor 9:30 Yoga 11:00 Zumba 11:30 Lunch 12:30 Knitting/ Crocheting & Quilting 12:30 Pickleball</p> <p>20/21</p>	
<p>22</p> <p>9:00 Chorus 9:30 Painting 11:30 Lunch 1:00 Card Play (Euchre & Mahjong) 2:00 Yoga</p>	<p>23</p> <p>9:00 Massage 9:30 Arthritis Exercise 11:00 Wii Bowling 11:30 Lunch 1:00 Alzheimer Support 2:00 Chair Yoga</p>	<p>24</p> <p>MMAP Counselor 9:30 Yoga 11:30 Lunch 12:00 Wood Carving 1:00 Card Play (Pinochle/Bridge) 2:00 Grief Support</p>	<p>25</p> 	<p>26</p> <p>27/28</p>	
<p>29</p> <p>9:00 Chorus 9:30 Painting 11:30 Lunch 1:00 Card Play (Euchre & Mahjong) 2:00 Yoga</p>			<p>30</p> <p>MMAP 9:00 Massage 9:30 Arthritis Exercise 11:00 Wii Bowling 11:30 Lunch 2:00 Chair Yoga</p>		<p>BOARD OF DIRECTORS</p> <p>Frank Lukowski, President Ken Wensel, Vice President Ann Deemer, Secretary Brad Dick, Treasurer Mary Auge Ray Culbert Roby Deese David Kincaid Pat Lockwood Joetta Pyles-Zalewski</p> <p>LOOSE STAFF</p> <p>Carl Gabrielson <i>Executive Director</i> Jaclyn von Linsowe <i>Executive Assistant</i> Dotti Tynes <i>Program Director</i> Cheryl Rex <i>Culinary and Travel Director</i> Dottie Davis <i>Front Desk</i> Chuck Salerno <i>Maintenance</i></p>

Upcoming Events

COST: BINGO \$1 | BUNCO \$1

SENIOR FRIDAYS

Every Friday* at the Fenton Community & Cultural Center

SLPR
SOUTHERN LAKES
PARKS & RECREATION

fenton
community
& cultural
center

150 S. Leroy St.
810-714-2011

SPONSORED BY

Fenton DDA THE STATE BANK

ACTIVITY SCHEDULE
Social Time 9:30am
Bingo 10:30
Lunch 12:00pm
Bunco 12:30
Euchre 2:00pm

Join our fun-loving, active group!
Make new friends and share stories over coffee.
Play Bingo, Bunco and Euchre and enjoy lunch together
Meet new friends and share some laughs while playing Bingo, Bunco, and Euchre. Enjoy a delicious lunch at noon once a month. Come for the whole day, or just part of the day if you like. Wheel chair accessible.

*No Senior Friday on Nov 26th, Dec 24th & 31st

ALSO JOIN OUR
FALL HARVEST LUNCHEON
NOVEMBER 19TH, AT NOON

STAY AND ENJOY THE OTHER ACTIVITIES OF SENIOR FRIDAY THAT DAY TOO!

Please RSVP to Sherie, at 810-714-2011 or by email to spenusk@slpr.net.

Anyone Can Paint
2nd Thursday @ 1pm

Knitting and Quilting
Fridays @ 12:30

Come try something new!!!

Wii Bowling
Tuesdays - 11am-1pm

As more activities are added to our calendar here at Loose we are looking for volunteers to help out with these activities.

If you would like to be a part of the team here at Loose and volunteer at any of the number of activities going on here or even behind the scene help is always appreciated.

Pickleball is Back!

Friday's 12:30 - 3:30
Cost \$5

Pre-registration is required to play!
Registration will open the Wednesday before the Friday of play.

Time slots are one(1) hour blocks and you are allowed to sign up for one, one hour block.

There will be no more than six(6) participants per hour.

Opportunities:

- Blood Pressure Checks
- Help with set up and tear down for special events
- Help with our Fundraiser Lunches
- Daily Lunches
- Organizing Books, puzzles, greeting cards
- And so many more.....

Call and ask for Dotti if you are interested.
(810) 735-9406

Travel & Trips

TRIPS @ A GLANCE

November 16	The Parade Company	\$90
November 18	Firekeepers	\$32
December 8-9	Oglebay Festival of Lights	Price Varies
December 14	Sagening Eagles Landing	\$32
January 20	Firekeepers	\$32

2022

Mar.27 - Apr. 22	Southern Charm	Price Varies
Apr. 16 - Apr. 22	The Old South	Price Varies
May 2 - May 5	Kentucky's Bourbon Trail	Price Varies
May 18 - May 19	Cruisin' Kentucky	Price Varies
July 3 - July 8	New York City	Price Varies
July 16 - July 22	National Parks of America	Price Varies
Aug 12 - Aug 20	Colorado Rockies	Price Varies
Sept 18 - Sept 25	Pacific Northwest	Price Varies

Detailed flyers are available at the Loose Center.

Please note: A reservation is made only when a deposit has been received.

Travel & Participant Statement

RESERVATIONS ARE NOT GUARANTEED UNTIL PAYMENT IS RECEIVED

Loose Senior Citizens Center acts only as an agent for the independent suppliers that provide hotel accommodations, transportation, sightseeing activities, or other services connected with these tours. All such services are subject to the terms and conditions of those suppliers. LSCC, its employees, agents, directors, representatives, and assigns are not responsible for any injury, damages, expenses, or losses of any kind sustained by any person as a result of participation in these tours.

The Whiting Departs at 7pm

		w/trans.	w/o trans
November 26th	Fiddler on the Roof	\$57.00	\$52.00
2022			
March 25th	Waitress	\$53.50	\$48.50
April 20th	Jersey Boys	\$53.00	\$48.00
May 6th	South Pacific	\$57.50	\$52.50

Detailed flyers are available at the Loose Center.

Please note: A reservation is made only when a deposit has been received.

Travel & Trips

Lifelong Learning - Applewood
10:00 - 12:00



November 19	How I Survived the Holocaust
December 10	Everyone Deserves A Decent Home
January 14	World War II: D-Day
February 18	The Whaley Historic Home, "Up From the Ashes"
March 18	Th Pros and Cons of Renewable Energy
April 15	Great Shipwrecks of the World
May 20	The Amazing Nethercutt Museum of California



Cost: \$8



THE
PARADE COMPANY
DETROIT
Studio Tours

November 16th -
\$90 a person



November 18th - \$32 a person



December 8 & 9 - \$300 a person

Call and Reserve your spot today!
Buses fill up fast!

Remember payment is required to reserve your seat!

JOIN LOOSE SENIOR CENTER



Saganing Eagle's Landing Casino

Tuesday, December 14, 2021

\$32

DEPARTS
Loose Senior Center
DEPARTURE TIME
10:30 AM
APPROXIMATE RETURN
5:00 pm

INCLUDES

- Round Trip Motor Coach Transportation to Saganing Eagle Casino
- \$10 on Players Card
- \$5.00 Dining Credit for SELC
- PLUS earn 100 points & receive \$10 in Premium Play
- Water & Snacks

- You must present your Players Card to receive the above package.
- This trip requires a minimum of 30 passengers to operate.
- Please make sure you bring two (2) pieces of I.D. so you can claim any jackpot prizes.
- The Casino reserves the right to change or discontinue this package at any time.
- Loose Senior Center has arranged this tour. All other services provided in connection with this tour are provided by independent suppliers. Loose Senior Center assumes no liability for any injury, damages or losses of any kind sustained by any person as a result of participation in the tour.
- This price does not include tips to your motor coach driver and any other incidental expenses.
- Loose Travel is open to those 21 or older.
- No Refunds will be given after December 30, 2021 unless a replacement is found.

FULL PAYMENT DUE TO CONFIRM YOUR RESERVATION

MAKE CHECK PAYABLE TO: Loose Senior Center
MAIL CHECKS TO: Loose Senior Center, 707 North Bridge St. Linden, MI 48451
FOR MORE INFORMATION CALL: 810 735 9406





LUNCH Pick up at 11:30 am, only \$5

Please call the day before to reserve your lunch.

*Although if you forget, call the day of,
often lunches are available.*

November 2021 Menu

Eat Inside or To-Go

1 Mac-N-Cheese Turkey Slider Vegetable Juice/Dessert	2 Chicken Salad Sandwich Potato Salad Chips Fruit/Dessert	3 BBQ Chicken Mashed Potatoes Vegetable Fruit/Dessert	4 Hamburger Gravy Mashed Potatoes Vegetable Fruit/Dessert	5 Pancakes Sausage Hashbrown Juice/Cinnamon Roll
8 Tuna Casserole Salad Roll Fruit/Dessert	9 Bean Soup Ham Slider Veggies Fruit/Dessert	10 Stuffed Peppers Bread Roll Green Beans Fruit/Dessert	11 Center Closed 	12 Brat Burger Tator Tots Salad Fruit/Dessert
15 Sloppy Joe Coleslaw Chips Fruit/Dessert	16 Swedish Meatballs Over Noodles Toss Salad/Roll Fruit/Dessert	17 Chipped Beef over Biscuit Vegetable Fruit/Dessert	18 Turkey Dinner Fundraiser	19 Chili Dog Pasta Salad Chips Fruit/Dessert
22 Spaghetti Garlic Bread Tossed Salad Fruit/Dessert	23 Chicken Casserole Vegetable Roll Fruit/Dessert	24 Fish Sandwich Coleslaw Chips Fruit/Dessert	25 Happy Thanksgiving 	26 Center Closed
29 Chicken Stir Fry Rice Egg Roll Fruit/Dessert	30 Pulled Pork Sandwich Baked Beans Salad Juice/Desert			

Turkey Dinner Fundraiser

November 18th
11:30-1:00pm

*Drive up and pick up a
full course meal*

Turkey and
the Fixin's
Dessert & Beverage
All for \$15

Call and Order
yours today!
810-735-9406

Christmas Luncheon December 9th

We are back inside!!!

Ham, Sweet Potatoes,
Mashed Potatoes
w/ Gravy
Green Bean Casserole,
Bread Roll and Dessert

All for \$15 a person



707 N. Bridge St • Linden MI 48451
www.loosecenter.org
810-735-9406

PRSR STD
U.S. Postage
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Flint, MI
Permit No. 6



**Welcome Back Inside Christmas Luncheon
December 9th at 11:30
Entertainment provided by:
The Linden High School Choir and the Loose Chorus**

FREE WI-FI FROM THE LOOSE PARKING LOT

Just park next to the building choose loose public, when prompted for the password, type **BeHappy!**